

# Cypress Creek High School Wrestle-Off Procedure

The following procedures will be used to determine the varsity wrestlers in each weight class. These procedures will remain available on the Cypress Creek wrestling website ([www.cycreekabc.com](http://www.cycreekabc.com)) should you need to refer to them at a later date.

- A depth chart will be established each year for each weight class.
- Weight classes are based upon NFHS and NWCA guidelines.
- Wrestlers may challenge one weight class above their established weight.
- Wrestlers may challenge the wrestler directly ahead of them in the depth chart, but they may not skip wrestlers to challenge.
- Wrestlers may only challenge for one position movement per week.
- Dates for challenge matches are attached and will remain available on the Cypress Creek wrestling website.
- Wrestlers will be given opportunity to declare their intention to challenge each Friday.
- All challenge matches will take place during scheduled practice times on Monday's.
- Failure to be present for the challenge match will result in forfeit.
- Wrestlers will weigh-in shoulder to shoulder prior to challenge match in front of a coach or designated administrator; a two pound growth allowance will be permitted.
- Failure to make weight results in forfeiture of challenge match.
- Wrestle-off matches will be 2-2-2 and officiating will be conducted by a member of the coaching staff. All wrestle-off results are final.
- Wrestle-off participants will not gain an advantage through coaching of any kind.
- Challenge matches do not necessarily effect dual lineups; the head coach still has the final determination of weight class competed.
- Parents and spectators are permitted to be present for wrestle-off matches.