

Cypress Creek High School Wrestle-Off Procedure

The following procedures will be used to determine the varsity wrestlers in each weight class. These procedures will remain available on the Cypress Creek wrestling website (www.cycreekabc.com) should you need to refer to them at a later date.

- A depth chart will be established each year for each weight class.
- Weight classes are based upon NFHS and NWCA guidelines.
- Wrestlers may challenge one weight class above their established weight.
- Wrestlers may challenge the wrestler directly ahead of them in the depth chart, but they may not skip wrestlers to challenge.
- Wrestlers may only challenge for one position movement per week.
- Dates for challenge matches are attached and will remain available on the Cypress Creek wrestling website.
- Wrestlers will be given opportunity to declare their intention to challenge each Friday.
- All challenge matches will take place during scheduled practice times on Monday's.
- Failure to be present for the challenge match will result in forfeit.
- Wrestlers will weigh-in shoulder to shoulder prior to challenge match in front of a coach or designated administrator; a two pound growth allowance will be permitted.
- Failure to make weight results in forfeiture of challenge match.
- Wrestle-off matches will be 2-2-2 and officiating will be conducted by a member of the coaching staff. All wrestle-off results are final.
- Wrestle-off participants will not gain an advantage through coaching of any kind.
- Challenge matches do not necessarily effect dual lineups; the head coach still has the final determination of weight class competed.
- Parents and spectators are permitted to be present for wrestle-off matches.