

Cypress Creek High School Wrestle-Off Procedure

- A depth chart will be established each year for each weight class.
- Wrestlers will establish a weight class based upon NFHS and NWCA guidelines.
- Wrestlers may challenge one weight class above their established weight class.
- Wrestlers may challenge the wrestler directly above them in the depth chart, but they may not skip wrestlers to challenge.
- Wrestlers may only challenge for one position movement per week.
- Dates for challenge matches have been announced and are available on the Cypress Creek wrestling website. (www.cycreekabc.com)
- Wrestlers will be given opportunity to announce their intention to challenge the week before the match is to take place.
- Failure to be present for the challenge match will result in forfeit.
- All wrestle-offs will take place during scheduled practice time.
- Wrestlers will weigh-in shoulder to shoulder prior to challenge match in front of a coach; a two pound growth allowance will be permitted.
- Failure to make weight results in forfeiture of challenge match.
- Wrestle-off matches will be 2-2-2 and officiating will be conducted by the head coach. All wrestle-off results are final.
- Wrestle-off participants will not gain an advantage through coaching of any kind.
- Challenge matches do not necessarily effect dual lineups; the head coach still has the final determination of weight class competed.
- Parents and spectators are permitted to be present for wrestle-off matches.